CUSTOM PROSTHETIC & ORTHOTIC SERVICES LTD.

Preparing for Your First Visit

New Amputee - Appointment Preparation Checklist

Medical Documentation

- ☐ A prescription from your referring physician (if you have one).
- ☐ Recent surgical reports or discharge summaries related to your amputation.

Identification & Insurance

- ☐ Your provincial/private health insurance cards.
- ☐ Any specific claim numbers (e.g. Workers' Comp, ICBC, or disability benefit details).

Comfortable Clothing

- ☐ For Lower Limb: Loose-fitting shorts or athletic pants that can easily be pulled up above knee.
- ☐ For Upper Limb: A sleeveless shirt or tank top to allow evaluation of shoulder and residual limb.

Your Current Gear

- ☐ If you are already using a 'shrinker' (compression sock), please wear or bring it.
- ☐ The shoes you plan to wear most often (for lower limb patients).

Your Support System

- ☐ A family member, friend, or caregiver is welcome.

A List of Questions

- ☐ Write down any concerns about goals, timeline, or costs.

IMPORTANT ACCESS & PARKING INFORMATION

Main building access is via Ashgrove Street. Parking stalls 7 and 9 are free for our patients.
Wheelchair access is via the Fort Street entrance.

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